



## Conference Presentations

ASSOCIATION FOR TRANSPERSONAL PSYCHOLOGY Atherton, CA, February 17-19, 2012

**Bringing Transformation Home** (1 hour presentation)

AMERICAN PSYCHOLOGICAL ASSOCIATION, Washington, DC, August 2011

**The Challenges of Integrating Transformative Workshop Experiences** (poster presentation)

UNITED STATES ASSOCIATION FOR BODY PSYCHOTHERAPY CONFERENCE, Pleasant Hill, CA, October 22-24, 2010

**The Challenges of Integrating Transformative Workshop Experiences** (poster presentation)

ASSOCIATION FOR TRANSPERSONAL PSYCHOLOGY Atherton, CA, February 12-14, 2010

**Post-workshop Psychospiritual Integration** (part of a panel: Reaching for Connection)

BODY, MIND, & SPIRIT CONFERENCE, University of Wisconsin-Stout, WI, October 30, 2009

**Inner Ethics: Examining Countertransference with Compassion** (1 day pre-conference workshop presented with Kylea Taylor)

ASSOCIATION FOR TRANSPERSONAL PSYCHOLOGY Palo Alto, CA, February 13-15, 2004

**Transpersonal Exploration of Ethics** (2 hour workshop presented with Kylea Taylor)

2ND SELF-RELATIONS PSYCHOTHERAPY CONFERENCE (Stephen Gilligan's therapy model), San Marcos, CA, July 27-28, 2003

**Somatic Awakenings to Sponsorship** (1 1/2 hour experiential presentation)

1ST SELF-RELATIONS PSYCHOTHERAPY CONFERENCE Encinitas, CA, July 23-25, 1999

**Movement Meditation for Self Relations** (1 hour experiential presentation)

ASSOCIATION FOR TRANSPERSONAL PSYCHOLOGY Annual Conference, Asilomar, Monterey, CA, Aug. 1-4, 1996

**Connecting with Body, Connecting with Earth** (1 hour workshop)

SACRED EARTH, SACRED SELF, Prescott, AZ May 9-12, 1996

**Connecting with Body, Connecting with Earth** (1-day workshop) also led Opening & Closing Ceremony, 2 Community Circles

COMMON BOUNDARY 15th Annual Conference, "Inner Ecology, Outer Ecology," Crystal City, VA, Nov. 10-12, 1995

**Soulful Living** (1-day workshop presented with Duane Elgin)

## Teaching

SAYBROOK UNIVERSITY, School of Mind-Body Medicine, San Francisco, CA Adjunct Faculty (2011-present)

SOFIA UNIVERSITY (formerly Institute of Transpersonal Psychology), Palo Alto, CA Associate Core Faculty (2011 – present)

**Right Relationship in Spiritual Guidance; Spiritual Internship III** (MA Spiritual Guidance program)

BASTYR UNIVERSITY, Kenmore, WA Adjunct Faculty (2004 – 2006) **Addictions and Disorders**

UNIVERSITY OF CALIFORNIA EXTENSION, SANTA CRUZ, Santa Clara, CA (July 1994)

**New Perspectives on Clinical Issues in Psycho-Spiritual Crisis** (Moving the Physical Body through the Spiritual Journey)

JFK UNIVERSITY, Campbell, CA Adjunct Faculty (graduate level) 1992-1993

**Expressive Arts Therapy with Specific Populations: Movement Therapy & the Treatment of Eating Disorders**

**Seminar in Addiction Studies: Movement Therapy and Addictions**

FREELANCE, California, North Carolina, Madrid (Spain), Massachusetts, Maine, Oregon, Vancouver, BC 1984 – present

**Guiding the Journey: Facilitating Transformative Experiences** (4-day training, annually since 2007)

**Inner Ethics** (1-day workshop co-facilitated with Kylea Taylor) August 2008

**Chakra Workshops** (some co-facilitated with Anodea Judith) 1-day, 4-day, 7-day, 9-day, & 9 month workshops: 1985- present

**Awakening the Body** (1-day and weekend workshops) 2005-present

**Ericksonian Hypnosis Training** (assisting annual 12-day training with Stephen Gilligan, teaching 2 evening sessions) 2004-2010

**Self-Relations Psychotherapy Supervision** (5 day workshop co-facilitated with 3 other presenters) September 2003

Other workshops: **Trance Journeys, Moving into Sacred Realms, Dancing with Addictions, Group Energy Dynamics, Yoga & Movement Awareness, Movement Explorations**

## Psychotherapy & Counseling

PRIVATE PRACTICE. Santa Cruz, CA. On-going psychotherapy, coaching, & consulting 6/95 - present  
(As MFT intern under supervision, 9/92 - 5/95)

FAMILY SERVICE ASSOCIATION, Santa Cruz, CA. Individual & couple psychotherapy as MFT Intern. 9/91 - 9/92

STAR LODGE HOSPITAL, Scotts Valley, CA. Individual & group therapy, movement therapy, and education with eating disorder, chemical dependency & dual diagnosis patients. Assisted in the development of an eating disorder program. 4/90 - 4/93

## Organization

Founder & Director, SKYOTE MOUNTAIN, 9/01 – present

General operations & organization of workshops and accommodations for retreat facility in Santa Cruz, CA mountains.

Consultant, SPIRITUAL EMERGENCE NETWORK, 5/97 - 5/98 (facilitating collaboration with ITP, CIIS, & JFK University)

Ex Officio Member, Board of Directors, SPIRITUAL EMERGENCE NETWORK, 7/95 - 5/97

President, CAMFT (California Association of Marriage & Family Therapists) Santa Cruz Chapter. 1996

President-Elect, Membership Chair, CAMFT Santa Cruz Chapter. 1995

Coordinator, THERAPISTS FOR SOCIAL RESPONSIBILITY. Santa Cruz, CA. 9/93 - 5/95

General coordination of meetings for discussion, consultation, experiential work and activism focusing on the interplay of political, social, ecological & spiritual issues.

President, Board of Directors, MOUNTAIN VIEW BRIARPATCH CO-OP (Food co-op). Mtn. View, CA 7/84 - 7/86

Founder & Director, MOONDANCE (Dance company). Ft. Lauderdale, FL 11/82 - 8/83

Created improvisational works designed to present dance to the community in non-traditional settings.

Assistant to the Director, UNIVERSITY CENTER (Dance & theatre school). Ft. Lauderdale, FL 5/82 - 8/83

General operations & organization in addition to teaching.

Co-founder, PENTALPHA (Non-profit educational organization). Berkeley, CA 12/78 - 1/80

Set up & taught classes in movement & ritual. Organized public ritual events.

Program Assistant, MUSEUM WITHOUT WALLS (Community arts organization). Santa Cruz, CA 3/77 - 5/77

Grant proposal writing, research, general operations assistance.

## Publications

Movement Practices for Self-Relations Therapy, chapter in *Walking in Two Worlds: The Relational Self in Theory, Practice, and Community*. Stephen Gilligan & Dvora Simon (Editors.) Phoenix, AZ: Zeig, Tucker and Thiesen Publishers. (2005)

Breathing into Fear: Psychospiritual Approaches for Treating Anxiety, chapter in *The Psychospiritual Clinician's Handbook: Alternative Methods for Treatment and Understanding of Mental Disorders*. Gurucharan Singh Khalsa and Sharon Mijares, (Editors.) New York: Haworth Press. (2005)

Editor, *Spiritual Emergence Network Newsletter*, 12 page semi-annual publication of SEN, October 1994 - May 1997

Reaching for Consciousness, article in *Spiritual Emergence Network Newsletter*, Winter 1996

Wider Perspectives, regular column in Santa Cruz CAMFT Newsletter, Mar/Apr 1994 - Nov/Dec 1995

The Sevenfold Journey: Reclaiming Mind, Body & Spirit through the Chakras (with Anodea Judith), Crossing Press 1993  
translated into Dutch, Spanish, Portuguese, Italian and Hebrew

Recovering from Eating Disorders (with Lydia Hanich) in *The Observer*, Monterey, CA, 3/28/91

Movement Magic in *Circle Network News*, 1984

## Education

SAYBROOK UNIVERSITY, San Francisco, CA

PhD Psychology, (Consciousness & Spirituality concentration), November 2009

Dissertation Committee: David Lukoff (Chair), Stanley Krippner, Allan Combs

JOHN F. KENNEDY UNIVERSITY (South Bay Campus), Campbell

M.A. Clinical Psychology (Addiction studies specialization), December 1991

UNIVERSITY OF CALIFORNIA, Santa Cruz

B.A. Ritual & the Arts in Cross-Cultural Perspective (psychology, anthropology, dance & theatre, religious studies), Dec. 1982

Independent Major Committee: Noel King (Chair), Frank Barron, Stuart Schlegel

## Television & Radio Appearances

Interview on ethics

“Changes” KKUP FM Radio, interview on working with the Chakra system, 5/94

“Till Morning Come” KKUP FM Radio, interview on Movement, Ritual, the Chakras, & Spirituality, 2/24/93

“News” KSBW TV, brief interview about holiday depression, 12/92

“Kruzin” KRUIZ TV, interview about eating disorders, Spring 1990

CABLE TV, Ft. Lauderdale Museum of Art's program, “Sculptured Paintings” dance piece created for Dorothy Gillespie exhibit, 11/82

“Montage” NBC TV, “A Place to Create,” a documentary about Fairmount Center, 1973

## Research Projects

Danda Nata Festival. Member of Earthwatch research team investigating the Danda Nata in Orissa, India, a festival rich in ritual and performance aspects. Participant-observation and recording of rituals. Primary investigators: Chandrabanu Pattanayak & Vibha Sharma (McGill University). March 24 - April 14, 1996

Sacred Space in Bali. Member of Earthwatch research team investigating ritual arts and sacred architecture in Bali. Participant-observation and recording of rituals, interviewing ritual dancers, photography. Primary investigators: Ann Norton Wood and Hans Guggenheim. August 1992

## Choreography & Performance

Various roles in seasonal & celebratory ritual events, 1979 - present

TREFOIL (3-member performance company, solo dances with 2 musicians), 1988

Crossing the Rainbow Bridge – Choreography for 2 hour ritual theatre performance with cast and crew of 70 people, commemorating the release of Anodea Judith's book, *Wheels of Life*, in which I also danced the principal role. San Francisco, CA, November 1987

Descent of Inanna (Halloween ritual performance at Women's Bldg., San Francisco), choreographed & danced Inanna, October 1987

Fifth Chakra Poem - created for Merrymeet Conference, Saratoga, CA, September 1987

St. Francis of Assisi - created for Peace Day at Holy Cross Church, Santa Cruz, CA, June 1987

The Spiral Dance - ritual theatre performance, Ben Lomond, CA, October 1986

The Spiral Dance - ritual theatre performance with Reclaiming Collective, San Francisco, CA, October 1985

Calling & Greeting the Auspicious Spirits, assisting Hi-ah Park in shamanistic ritual for opening of the Korean exhibit at the Asian Art Museum, San Francisco, 1984

TransCreation - created for Celebration of Eros, Santa Cruz, CA, April 1984

MOONDANCE (Dance company I founded & directed), Ft. Lauderdale, FL

Celebration - created for building opening of Univ. Cntr. for Perf. Arts, January 1983

Holiday Dance - performance/workshop for Fort Lauderdale Hospital, December 1982

Sculptured Paintings - created for Dorothy Gillespie exhibit, Ft. Laud. Museum of Art, November 1982

Seasonal Rituals - public rituals created quarterly for Pentalpha, Berkeley, CA, 1979

Three Renaissance Dances - created for St. Mary's College, Moraga, CA, 1974

FAIRMOUNT DANCE THEATRE (10-member modern dance company), performances in Cleveland & New York, 1972

Needle-Brain Lloyd & the Systems Kid, with Meredith Monk, Connecticut College American Dance Festival, Summer 1970

DANCE STUDIO WORKSHOP (6-member performance group), lecture demonstrations and performances, Cleveland, OH, 1969 - 1971

CLEVELAND PLAYHOUSE YOUTH THEATRE, GEUGA LYRIC GUILD, (musicals, lecture demonstrations, plays), 1968 – 1970

## Psychotherapy Related Training

### Mind-Body Medicine

Advanced Mind-Body Medicine Training: Center for Mind-Body Medicine, January 2012

Professional Mind-Body Medicine Training: Center for Mind-Body Medicine, October 2011

SoulCollage® Facilitator Training: Seena Frost & Mariabruna Sirabella, September 2012

### Hypnotherapy & Self-Relations Psychotherapy

Ericksonian Hypnosis & the Generative Self, Adv. Hypnosis & the Core Identity Process (12 days): Stephen Gilligan, Ph.D. July 2001

As Teaching Assistant: July 2004, July 2005, July 2006, July 2007, July 2008, July 2009, July 2010, July 2011, July 2012

Self-Relations Supervision (4 days each): Stephen Gilligan, Ph.D., 14 supervisions, between 6/2000 - 8/12

Self-Relations Therapy with Couples (2 days): Stephen Gilligan, Ph.D., April 2004

Hypnosis & the Generative Self (6 days): Stephen Gilligan, Ph.D., July 1999

Engaging the Other: The Power of Compassion (4 day conference): September 2008

### Ethics

Intimate Partner Violence (2 hr. home study training): Ofer Zur, Ph.D. 2004

To Dual or Not to Dual: Ethics and Dual Relationship (1 day): Ofer Zur, Ph.D. 2004

The Heart & Soul of Change (1 day): Scott Miller, Ph.D., 2002

Pharmacology: An overview for the Non-Prescribing Clinician (1 day): Jerry Solomon, Ph.D. December 2001

Medical, Psychological & Social Aspects of HIV (1 day): Jerry Solomon, Ph.D. April 1999

The Presence of Soul in Brief Therapy (1 day): January 1999

### Process Oriented Psychology

Addictions & Relationships (6 days): Arnold & Amy Mindell, July 1990

Countertransference (2 days): Joe Goodbread & Kate Jobe, June 1990

### Dance Therapy & Somatics

Body Wisdom Somatics Congress, February 1999

The Living Body, 1st International Somatics Congress, October 1995 (offered poster presentation with Anodea Judith)

Bay Area Movement Symposium, JFK University, September 1992

American Dance Therapy Association Conference, November 1991

Neala Haze, JFK University, Summer 1990

Moshe Feldenkrais, Awareness through Movement 4 day intensive, March 1981

Joanna Harris, UCSC, Summer 1977

New Ways of Being: 10 day intensive: Jean Houston, June 1979